



NORTH SHORE TRAMPING CLUB (INC.)

P O Box 33262, TAKAPUNA, NORTH SHORE CITY 0740

GEAR LISTS

Waterproofing - All gear should be packed in plastic bags and / or a plastic pack-liner. You can use a heavy-duty plastic rubbish sack to line your pack.

Change of Clothes - Leave a set of dry clothes and footwear (jandals, crocs OK) in the bus for the return journey.

Optional items - Camera, bathing togs, snow goggles, bushcraft manual.

For the tramp don't wear - Jeans, jandals, crocs, or similar footwear. These are unsuitable for the bush or on mountains.

SUNDAY TRIP LIST

This is a basic checklist based on New Zealand conditions with overnight stays in huts. Please feel free to check with the club if you are not sure about any of these items, or wonder about bringing additional items not listed here.

Equipment

- Day Pack with plastic liner
- First Aid Kit & insect repellent
- Sun protection - hat/glasses/sunscreen lotion
- Ample lunch & drink
- Torch & spare batteries & bulb

Clothing

Favour fast-dry synthetics and/or wool fabrics instead of cotton

- Change of clothes
- Parka & overtrousers
- Shorts
- Jersey or woollen shirt
- Hat (woollen or sun)
- Boots if possible

MULTI-DAY TRIP LIST

This is a basic checklist based on New Zealand conditions with overnight stays in huts. Please feel free to check with the club if you are not sure about any of these items, or wonder about bringing additional items not listed here.

If in an OUT PARTY make sure you have left enough room in your pack for your food and equipment i.e: tents, stoves, billies (dixies to the real pioneers!) etc.

If in a BUS PARTY you will need your DAY PACK and a bag for your other gear all of which will remain in the bus.

Equipment

- Sturdy Pack
- Plate, Mug & cutlery
- Strong plastic liner (Orange Survival bag recommended)
- Drink bottle
- Toilet gear & small towel
- Toilet paper
- Torch & spare batteries and bulbs
- First aid kit & whistle & insect repellent
- Sun protection - hat/glasses/sunscreen lotion
- Map & compass
- Matches in waterproof container & candle
- Safety in Mountains booklet
- Pencil & paper
- Sleeping bag & foam pad
- Money for Emergency
- Bag cover or groundsheet

Clothing

Favour fast-dry synthetics and/or wool fabrics over cotton

- Parka & overtrousers
- Hankerchiefs
- Woollen hat or balaclava
- Mitts or gloves
- Woollen shirt and/or woollen jersey
- Longjohns (wool or polypropylene)
- Shorts (do NOT wear jeans)
- Complete change of clothes
- Boots & spare bootlaces
- Two pairs of thick socks
- Light shoes or sandals –hut shoes