

# **NORTH SHORE TRAMPING CLUB (INC.)**

## P O Box 33262, Takapuna, North Shore City 0740

### SAFETY GUIDELINES & GENERAL INFORMATION

#### **SAFETY IS PARAMOUNT**

The Club does its best to provide safe trips. However, all outdoor activities of this nature attract some risk. You are responsible for your personal safety and your participation in trips acknowledges acceptance of this. Please make sure you choose an appropriate party suitable to your confidence, experience and current fitness. Make sure you have the required gear, including first aid, food and water and that you tell your leader of any medical condition. If you are unsure of anything, talk to the party leader.

ON THE BUS No standing on the bus while it's moving.

No sitting or lying in the 'sin bin' above the cab while the bus is moving.

Do not open the door or alight from the bus until it is stationary and the engine is turned off.

ON TRAMPS Trip Organisers and Party Leaders are in charge and their decisions must be respected by all members of a party.

Each party should have a minimum of four members and no-one should stop or leave a party without notifying the leader.

Each member of the party is required to keep in contact with others in their party. Always stop at track

junctions, windfalls and stream crossings and do not continue until the party has reassembled.

Swimming at West Coast beaches is not recommended unless in a patrolled areas.

#### **DAY TRIPS**

BUS Check the Club newsletter or www.nstc.org.nz for departure time and place, as this may vary.

Please arrive 15 minutes early.

Trips are held wet or fine.

For further information contact the trip organiser.

Non-members must phone the trips organiser prior to the day to check suitability of the tramp and for

further information about the trip.

There is no need for members to book.

If the bus is full or not used, the trip cost per person is due to the owner of the vehicle used.

If there is room on the bus and private transport is used, the trip cost per person is due to the Club.

Return times are always uncertain, do not give a definite time you expect to be home.

**FARES** Fares are as stated in the newsletter and website.

Non-members pay \$5 extra.

Junior fares apply to those under 18 years.

Juniors under 14 years must be accompanied by an adult.

**GEAR** Gear requirements as stated in the newsletter are to be carried by all participants at all times.

Firearms, radios and pets are not permitted on trips.

Cellphones are to be on vibrate or silent.

#### **LONGER TRIPS**

Bookings are only accepted after publication of the proposed trip in the newsletter.

Weekend and trips of longer duration trips are to be paid in full at least one week prior to departure, unless payment is required sooner.

Deposits, when required, need to be posted direct to the Booking Officer.

Cancellations are to be made with the Trips Booking Officer. If notified before the trip closing date a full refund will be given. For later cancellations, application for refunds must be made in writing to the committee no later than one week after the trip departs. Generally no more than 50% of the fare will be refunded in order to cover non-recoverable expenses.

Non-members are only included if the trip is not filled by members and pay an additional cost of 25% or a minimum of \$15 extra.

Juniors under 18 years and over 14 years need parental consent as well as the approval of organiser(s) and the party leader for inclusion on weekend trips away.

Members leaving trips, either through their own choice, or if directed to do so by the Party Leader or Trip Organiser, must bear the cost of their own transport home.

Club members may hire equipment such as packs, tents, cookers, etc. from the Gear Officer. Contact the Gear Officer for current charges.

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